

Steroidal Saponins Isolated from the Rhizome of *Dioscorea tokoro* Inhibit Cell Growth and Autophagy in Hepatocellular Carcinoma Cells

Abstract

Our preliminary screening identified an extract from the rhizome of *Dioscorea tokoro*, which strongly suppressed the proliferation of HepG2 hepatocellular carcinoma cells and inhibited autophagy. This study aimed to isolate active compounds from the rhizome of *D. tokoro* that exert antiproliferative effects and inhibit autophagy. The bioassay-guided fractionation of the active fraction led to the isolation of two spirostan-type steroidal saponins, dioscin (1) and yamogenin 3-O- α -l-rhamnopyranosyl (1 \rightarrow 4)-O- α -l-rhamnopyranosyl(1 \rightarrow 2)- β -d-glucopyranoside (2), and the furostan-type steroidal saponin protodioscin (3) from the n-BuOH fraction. Furthermore, acid hydrolysis of 1 and 2 produced the aglycones diosgenin (4) and yamogenin (5), respectively. Compounds 1–5 suppressed proliferation of HepG2 cells. The analysis of structure-activity relationships indicated that the 25(R)-conformation, structures with a sugar moiety, and the spirostan-type aglycone moiety contributed to antiproliferative activity. Analysis of autophagy-related proteins demonstrated that 1–3 clearly increased the levels of both LC3-II and p62, implying that 1–3 deregulate the autophagic pathway by blocking autophagic flux, which results in p62 and LC3-II accumulation. In contrast, 1–3 did not significantly affect caspase-3 activation and PARP cleavage, suggesting that the antiproliferative activity of 1–3 occurred independently of caspase-3-mediated apoptosis. In summary, our study showed that 1–3, active compounds in the rhizome of *D. tokoro*, suppressed cell proliferation and autophagy, and might be potential agents for autophagy research and cancer chemoprevention.